

## Schedule of Prepared Meals

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	(Women only) <b>Trinity Center</b> 304 E. 7th 10am	<b>Feed My People</b> 1 <sup>st</sup> United Methodist 1201 Lavaca 6am-6:45am	<b>Trinity Center</b> 304 E. 7 <sup>th</sup> 10am	<b>Feed My People</b> 1 <sup>st</sup> United Methodist 1201 Lavaca 6am-6:45am  <b>Trinity Center</b> 304 E. 7 <sup>th</sup> 10am	<b>Trinity Center</b> 304 E. 7 <sup>th</sup> 10am	<b>University United Methodist</b> 2409 Guadalupe Saturday 8am	<b>Food for Friendship</b> 2132 Bluebonnet 8-9am
<b>Lunch</b>	<b>Austin Baptist Chapel</b> 908 E. Cesar Chavez 11-12:30  <b>Caritas</b> 611 Neches 11-12:30	<b>Austin Baptist Chapel</b> 908 E. Cesar Chavez 11-12:30  <b>Caritas</b> 611 Neches 11-12:30	<b>Austin Baptist Chapel</b> 908 E. Cesar Chavez 11-12:30  <b>Caritas</b> 611 Neches 11-12:30	<b>Austin Baptist Chapel</b> 908 E. Cesar Chavez 11-12:30  <b>Caritas</b> 611 Neches 11-12:30	<b>Austin Baptist Chapel</b> 908 E. Cesar Chavez 11-12:30  <b>Caritas</b> 611 Neches 11-12:30	<b>Austin Baptist Chapel</b> 908 E. Cesar Chavez 11-12:30  <b>University United Methodist</b> 2409 Guadalupe 11-12	<b>Austin Baptist Chapel</b> 908 E. Cesar Chavez 11-12:30  <b>Church Under the Bridge</b> at 7 <sup>th</sup> & IH35 (must attend 12:15 church service)  <b>Trinity Center</b> 304 E.7 <sup>th</sup> 3:30 (must attend 3pm church service)
<b>Dinner</b>	<b>Salvation Army</b> 501 E. 8 <sup>th</sup> 4-4:45pm	<b>Salvation Army</b> 501 E. 8 <sup>th</sup> 4-4:45pm	<b>Salvation Army</b> 501 E. 8 <sup>th</sup> 4-4:45pm	<b>Salvation Army</b> 501 E. 8 <sup>th</sup> 4-4:45pm	<b>Salvation Army</b> 501 E. 8 <sup>th</sup> 4-4:45pm	<b>Salvation Army</b> 501 E. 8 <sup>th</sup> 4-4:45pm	<b>Salvation Army</b> 501 E. 8 <sup>th</sup> 4-4:45pm

Updated 6/22/09 DP

**Mobile Loaves and Fishes** 7<sup>th</sup> & Neches 6-7pm \* Frequently, but schedule varies.\*

## AUSTIN AREA FOOD PANTRIES

Call for documentation requirements, schedule changes, etc.

<b>AIDS Services of Austin</b> 7215 Cameron Road	2 <sup>nd</sup> & 4 <sup>th</sup> Tues (2pm-7pm), Wed (1pm-5pm), and Thurs. (12pm-4pm) of the month 512-458-2437	Food pantry and nutritional consultation for people with HIV/AIDS.
<b>Bannockburn Baptist Church</b> 7100 Brodie Lane	Thursday 9:00am-noon; arrive by 11:30am 512-892-2703	Bring ID or SS card.
<b>Baptist Community Center</b> 2000 East 2 <sup>nd</sup> Street	Mon-Fri 8:30am-noon, 1:00pm-5:00pm 512-478-7243 or 512-472-7592	Call and set up appointment.
<b>Blackland Neighborhood Center</b> 2005 Salina Street	Bread distribution Mon at Noon; Produce distribution 2 <sup>nd</sup> Wed of month at 1pm 512-972-5790	Bring picture ID and proof of address and income.
<b>Church Food Pantry</b> 4700 Loyola Lane	Wed 8:30am-10:30pm 512-926-8463	Food pantry for people living East of I35 and south of Braker Lane. Bring ID and proof of residence.
<b>East Community Connection</b> 5810 Berkman Drive	Tues, Wed, Thurs. 4-6pm	3 Day supply of food available to anyone. Must live in East Austin & meet certain income requirements.
<b>East Austin Family Food Pantry</b> 1005 East 10 <sup>th</sup> Street	Tues & Wed 10am-2pm 512-476-7044	Must be client of Capital Area ARC (476-7044) or MHMR.
<b>El BuenSamaritano</b> 7000 Woodhue Dr	Tue, Wed, Thu 9:00am-noon 512-439-0733	Walk-ins accepted during food pantry hours; 1 <sup>st</sup> time visitors must arrive before 11am.
<b>Gethsemane Lutheran Church</b> 200 West Anderson Lane	Tuesday 1:30-4:00pm 512-836-8560	Call and set up appointment.
<b>Greater Mt. Zion Baptist Church</b> 1809 Pennsylvania Avenue	Every Saturday 9:30-12noon 512-478-7578	No appointment necessary. Call for more information.
<b>Heaven's Harvest</b> 1734 Rutland Drive	Wednesday at 6:30pm 512-836-3282	Food is distributed following the church service on Wednesday evening.
<b>Hope Food Pantry</b> 600 East 50 <sup>th</sup> Street	Thursday & Friday Mornings; Arrive no later than 9:45a.m. 512-420-0710	Advised to call first. Serves 20 families; based on lottery. Bring ID and proof of residence. Capital Metro Bus #7Duval, #350 Airport & #15 Red River are the closest bus routes.
<b>University Baptist Church/Micah 6 food pantry</b> 2130 Guadalupe	Thursday 5:30pm-6:30pm Saturday 10:30am-1:10am 512-478-8559	On Thursdays, guests can arrive at 4pm and choose a number.
<b>Hyde Park Baptist Church</b> 3901 Speedway	Mon-Wed 1:00pm-3:00pm 512-459-6587	Provides food to those in service area. Call to find out if you are in the service area.
<b>Manos de Cristo</b> 4911 Harmon Avenue	Mon-Fri 8:30am-11:30am 512-477-7454	Bring ID.
<b>Messiah Lutheran Church</b> 5701 Cameron Road	Friday 9:00am-11:30am 512-452-2963	Food pantry for people living in East Austin.

<b>Mount Zion Baptist Church</b> 2938 East 13 <sup>th</sup> Street	Thursday 10:00am-noon 512-469-5988	Call ahead. Accepts walk-ins.
<b>Rosewood/Zaragosa Center</b> 2800 Webberville Road	Mon-Fri 8:00am-5:00pm 512-972-6740	Call and set up appointment. Bring proof of address, income and photo ID.
<b>Real Life Center</b> 2610 Manor Road	Call for dates and times. 512-478-9322	Open to everyone.
<b>St. John's Community Center</b> 7500 Blessing Ave.	Mon-Fri 8:00am-5:00pm 512-972-5515	Call and set up appointment.
<b>St. Mark's United Methodist Church</b> 601 W. Braker Lane	Mon, Wed and Fri 10:00am-noon 512-836-5747	Serves 53 and 58 zip codes
<b>South Austin Neighborhood Center</b> 2508 Durwood Avenue	Mon-Fri 8:00am-5:00pm 512-972-6840	Call and set up appointment. Bring proof of address, income and photo ID.
<b>West Rural Community Center</b> 8656 Hwy 71, 1 <sup>st</sup> floor, Bldg A	Mon-Fri 8:00am-4:00pm 512-854-2130	Walk-ins accepted. Bring photo ID.

Updated 04/14/09 CS